

BASIC PROGRAM Parts A&B, MAINSTREAM, PLUS

Basic Program - Part A

1. Circle Left / Circle Right
2. Forward and Back
3. Dosado / Dosado to a Wave
4. Swing
5. Promenade Family
 - A. Couples (Full, 1/2, 3/4)
 - B. Single File Promenade
 - C. Wrong Way Promenade
 - D. Star Promenade
6. Allemande Left
7. Arm Turns
8. Right and Left Grand Family
 - A. Right and Left Grand
 - B. Weave the Ring
 - C. Wrong Way Grand
9. Left-Hand Star / Right-Hand Star
10. Pass Thru
11. Half Sashay Family
 - A. Half Sashay
 - B. Rollaway
 - C. Ladies In, Men Sashay
12. Turn Back Family
 - A. U-Turn Back
 - B. Backtrack
13. Separate Around 1 or 2
 - A. to a Line
 - B. and Come Into the Middle
14. Split Two
15. Courtesy Turn
16. Ladies Chain Family
 - A. Two Ladies Chain (Reg. & 3/4)
 - B. Four Ladies Chain (Reg. & 3/4)
 - C. Chain Down the Line
17. Do Paso
18. Lead Right
19. Veer Left / Veer Right
20. Bend the Line

21. Circulate Family
 - A. (Named Dancers) Circulate
 - B. Couples Circulate
 - C. All Eight Circulate
 - D. Single File Circulate
 - E. Split/Box Circulate
22. Right and Left Thru
23. Grand Square
24. Star Thru
25. Circle to a Line
26. Walk Around the Corner
27. See Saw
28. Square Thru (1, 2, 3, 4) / Left Square Thru (1, 2, 3, 4)
29. California Twirl
30. Dive Thru

Basic Program - Part B

31. Wheel Around
32. Thar Family
 - A. Allemande Thar
 - B. Allemande Left to an Allemande Thar
 - C. Wrong Way Thar
33. Shoot the Star / Shoot the Star Full Around
34. Slip the Clutch
35. Box the Gnat
36. Trade Family
 - A. (Named Dancers) Trade
 - B. Couples Trade
 - C. Partner Trade
37. Ocean Wave Family
 - A. Step to a Wave
 - B. Balance

38. Alamo Style
39. Swing Thru / Left Swing Thru
40. Run / Cross Run
41. Pass the Ocean
42. Extend (From 1/4 Tag Only)
43. Wheel and Deal
44. Double Pass Thru
45. First Couple Go Left/Right, Next Couple Go Left/Right
46. Zoom
47. Flutterwheel / Reverse Flutterwheel
48. Sweep a Quarter
49. Trade By
50. Touch 1/4
51. Ferris Wheel

Mainstream Program

52. Cloverleaf
53. Turn Thru
54. Eight Chain Thru / Eight Chain 1, 2, 3, Etc.
55. Pass to the Center
56. Single Hinge / Couples Hinge
57. Centers In
58. Cast Off 3/4
59. Spin the Top
60. Walk and Dodge
61. Slide Thru
62. Fold / Cross Fold
63. Dixie Style to an Ocean Wave
64. Spin Chain Thru
65. Tag the Line (In/Out/Left/Right)
66. Half Tag
67. Scoot Back
68. Recycle (From a Wave Only)

Plus Program

1. Acey Deucey
2. Teacup Chain
3. Ping Pong Circulate
4. Load the Boat
5. Peel Off
6. Linear Cycle (From Waves Only)
7. Coordinate
8. (Anything) & Spread
9. Spin Chain the Gears
10. Track II
11. (Anything) & Roll
12. Follow Your Neighbor
13. Fan the Top
14. Explode the Wave
15. Explode & (Anything) (From Waves Only)
16. Relay the Deucey
17. Peel the Top
18. Diamond Circulate
19. Single Circle to a Wave
20. Trade the Wave
21. Flip the Diamond
22. Grand Swing Thru
23. Crossfire
24. All 8 Spin the Top
25. Cut the Diamond
26. Chase Right
27. Dixie Grand
28. 3/4 Tag the Line
29. Spin Chain & Exchange the Gears